



Asparagus bundles 4/76/0.8 oz

Fagots d'Asperges Vertes

PRODUCT OF CHINA

40019



FROZEN VEGETABLES

IQF VEGETABLES

WHOLE STRING BEAN

Product Description

- Asparagus spears that are bundled together for an elegant presentation. They are blanched and then deep frozen.

Pack and Case Specifications

Pack Net Weight

4.19lb

Packs per Case

4

Units per Pack

76

Case Size (LxWxH)

18.9" x 14.1" x 7.3"

Case Cube

1.13ft³

Case Gross Weight

21.6lb

Cases per Pallet

65 (7/9)

Ingredients

ASPARAGUS, NORI SEAWEED.

Physical

Weight: 0.8oz / bundle
Length: 3.5 to 3.9 in
Count: about 7 asparagus / bundle

Nutrition

Nutrition Facts

Serving Size 3 bundles (75g)
Servings Per Container 25

Amount Per Serving
Calories 20 Calories from Fat 0

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 4g 1%

Dietary Fiber 2g 6%

Sugars 2g

Protein 1g

Vitamin A 10% • Vitamin C 15%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat Less than 65g 80g

Saturated Fat Less than 20g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2,400mg 2,400mg

Total Carbohydrate 300g 375g

Dietary Fiber 25g 30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Allergens

Organoleptic

Appearance: Typical of asparagus
Color: Green
Texture: Tender
Taste: Typical of asparagus
Odor: Typical of asparagus

Cooking Directions

Steam Oven

Preheat oven at 360°F. Bake the frozen bundles for 2-3 minutes.

Certificates and Claims

No GMO.

Storage and Shelf Life

Store in freezer below 0°F (-18°C). Keep frozen until ready to use. Do not thaw and refreeze. Unopened bags can be stored for 18 months. Opened bags store for 1 month.

UPC code

